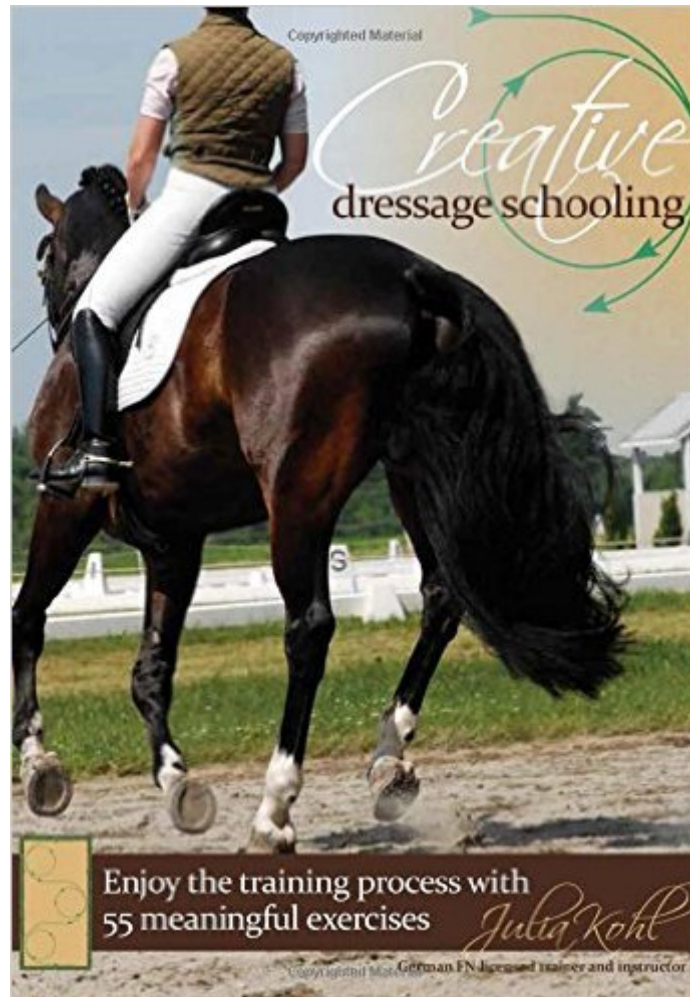


The book was found

Creative Dressage Schooling: Enjoy The Training Process With 55 Meaningful Exercises



Synopsis

Offering a wide variety of ideas to spice up training routines, this handbook provides fresh exercises for practicing classical-riding basics. Dressage fundamentals are indispensable for keeping a horse fit and healthy, but forcing them to go through the same movements over and over while working in the arena can lead to boredom. This guide provides upbeat patterns and exercises that take the necessary task of essential schooling and add variety and challenge to everyday workouts, beat the dressage practice blues, and get the job done. Equestrians looking for new tools to add to their training arsenal and those looking to create a supple and gymnasticized horse will delight in this fun collection of practice routines and photographs.

Book Information

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Customer Reviews

When I first opened this book and flipped through it I was disappointed when I saw what appeared to be very unimaginative exercises. I own tons of Dressage books and there was nothing new here in terms of figures. I was planning to send it back but then decided that I should at least read through the first couple of chapters in case there was something that I missed. I am really glad that I did! It's not that the exercises are new, it's just the way they are broken down for you and the reason that you are performing them in the first place. Every movement is accompanied by a detailed step wise description of what your legs and hands should be doing, how your horse should be responding and if they aren't then why not. Her intro covering the rider position, contact, etc is refreshingly cut and dry and TO THE POINT. I love to read the Old Masters but sometimes the descriptions are vague and leave you guessing. I am a lower level dressage rider with a novice

Dressage horse who rides in my backyard without a trainer so I like for things to be spelled out. I don't know how a more advanced rider would feel about this book but I think that the good riders are forever learning and that this book has some great things to teach. I will never look at riding through a corner the same way again!

I love this book... the best part of this book is that the author explains the purpose of each exercise which helps the reader determine if it's appropriate. There are exercises for many levels. I'm very happy I bought the book and refer to it often.

I love this book! The exercises are easy to incorporate into my warmup and training sessions and are well described so you can follow them. It really helps me change up my routine. Well written and illustrated. I recommend it for every rider.

LOVE THIS BOOK. I'm keeping it right by my instructor's chair in the indoor arena. When I need something "new to do", I refer to the book.

I bought this book to relieve boredom in the arena during the winter and it has lived up to expectations. I like the visuals and explanations as well as benefits of exercise and troubleshooting. I'm no dressage expert but most of the exercises I can practice with any of the horses I ride no matter their discipline or training level.

Beautifully done but very little real application, Too much \$ for little info.

Based on the title I was expecting some innovative schooling patterns or a fresh approach to the training routine but there is nothing creative about the figures presented here or the authors approach to them. I can not recommend this book.

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